



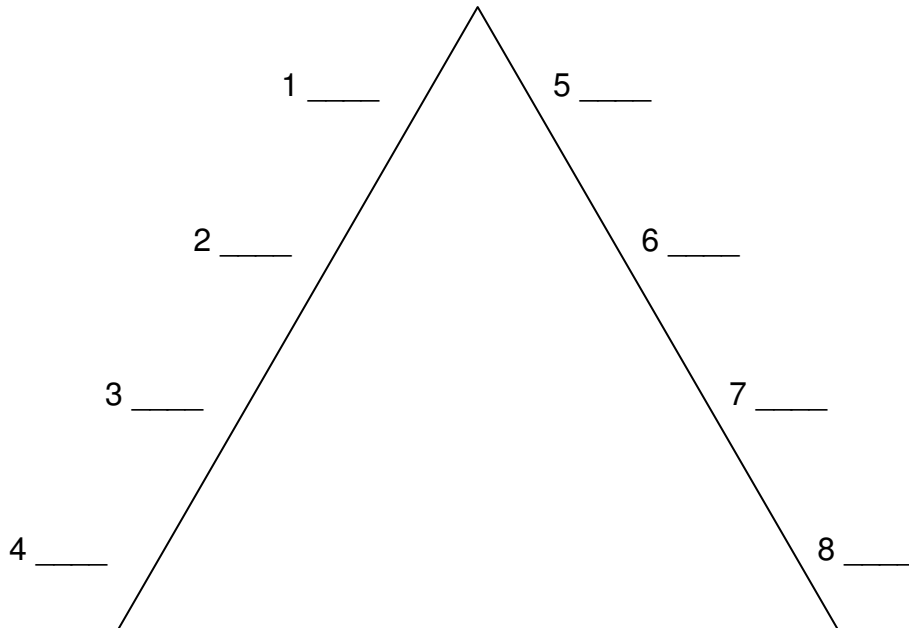
Using Type and Coaching to Help Others Uncover and Honor Their Values

What are your top three values?:

- _____
- _____
- _____

What was the high point of your week?:

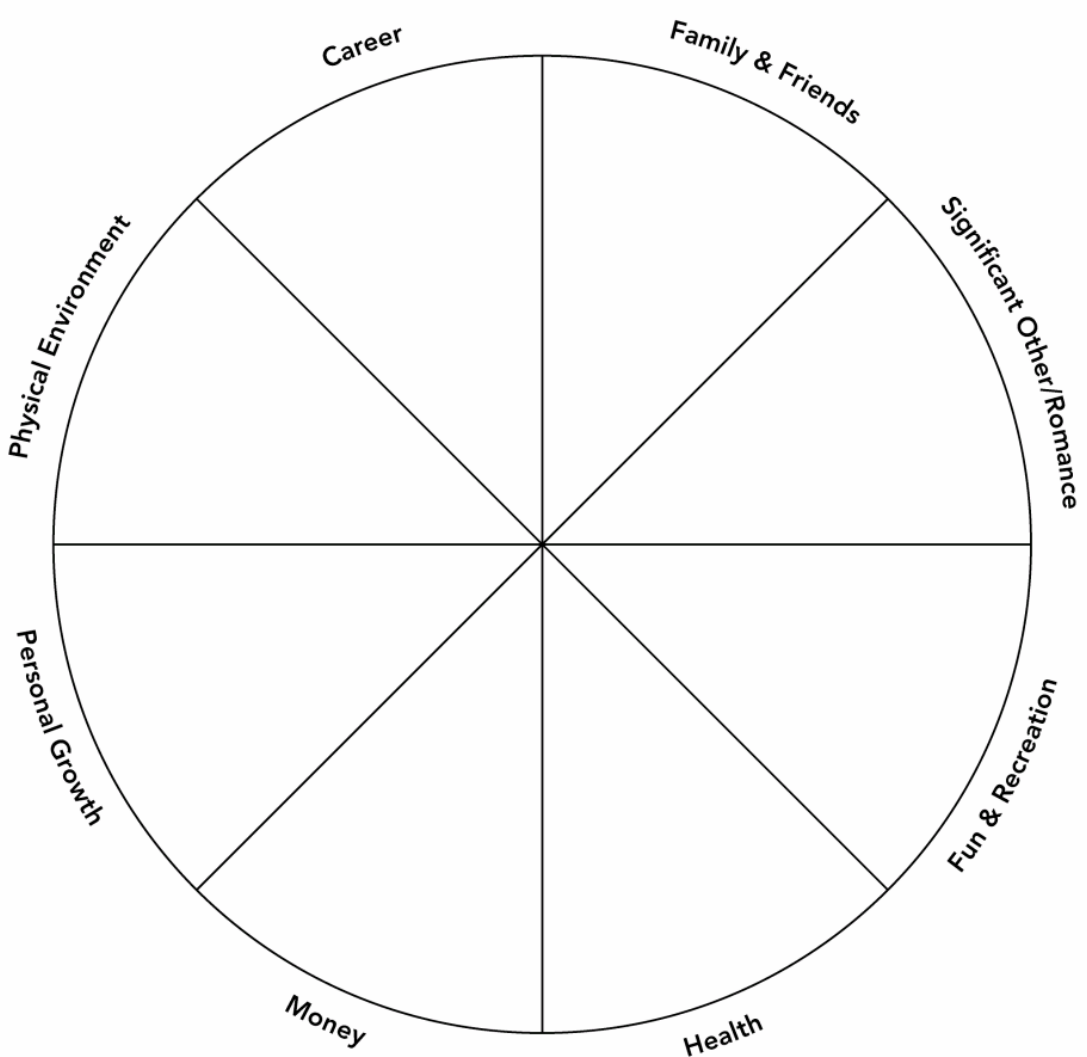
What was the low point of your week?





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Wheel of Life



Actions:

<ul style="list-style-type: none">• _____• _____• _____• _____	<ul style="list-style-type: none">• _____• _____• _____• _____
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The Sixteen Type Patterns

	INTJ	INFJ	INTP	INFP	ENTJ	ENFJ	ENTP	ENFP
Dom.	Ni	Ni	Ti	Fi	Te	Fe	Ne	Ne
Aux.	Te	Fe	Ne	Ne	Ni	Ni	Ti	Fi
Ter.	Fi	Ti	Si	Si	Se	Se	Fe	Te
Inf.	Se	Se	Fe	Te	Fi	Ti	Si	Si
5	Ne	Ne	Te	Fe	Ti	Fi	Ni	Ni
6	Ti	Fi	Ni	Ni	Ne	Ne	Te	Fe
7	Fe	Te	Se	Se	Si	Si	Fi	Ti
8	Si	Si	Fi	Ti	Fe	Te	Se	Se
	ISTJ	ISFJ	ISTP	ISFP	ESTJ	ESFJ	ESTP	ESFP
Dom.	Si	Si	Ti	Fi	Te	Fe	Se	Se
Aux.	Te	Fe	Se	Se	Si	Si	Ti	Fi
Ter.	Fi	Ti	Ni	Ni	Ne	Ne	Fe	Te
Inf.	Ne	Ne	Fe	Te	Fi	Ti	Ni	Ni
5	Se	Se	Te	Fe	Ti	Fi	Si	Si
6	Ti	Fi	Si	Si	Se	Se	Te	Fe
7	Fe	Te	Ne	Ne	Ni	Ni	Fi	Ti
8	Ni	Ni	Fi	Ti	Fe	Te	Ne	Ne

Your presenter: Vicky Jo Varner

I'm a MBTI® Master Practitioner and Certified Professional Co-Active Coach, trained by the highly-respected Coaches Training Institute. I regularly presents sessions on various aspects of personal development and psychological types at international conferences. I'm currently working toward a Ph.D. in Depth Psychology (with an emphasis on Jungian and archetypal studies) at Pacifica Graduate Institute near Santa Barbara, CA.

My passion is increasing people's awareness of Jung's original theory of psychological types and building on that with modern ideas proposed by the likes of John Beebe, Linda Berens, and Dario Nardi. To help in this venture, I created an on-line, self-paced virtual webinar that takes you through an in-depth exploration of Jung's 8 cognitive processes featuring hundreds of video clips illustrating these concepts. Earn 6 MBTI Master Practitioner CEUs.

If you'd like to contact me, my email is VJ@TypeInsights.com